

APRIL 2025

The Ohio Gym Group Fitness Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Zumba Kayla 5:30pm Muscle Madness Barb	2 9:30am Zumba -Penny 4:30pm CrunchTime -Erin 5:30pm WTS& YOGA- Robin	3 9:30 am PowerPump-Jamie 10:30am Zumba- Kelly 5:30pm 20/20/20 Barb	4 9:30 am WERQ Hannah	5 9 :30 am FITFORCE Scott
6	7 9:30am Zumba Penny 10:30am PowerPump Jamie 5:30pm Zumba Kayla	8 9:30am Zumba Kayla 5:30pm Muscle Madness Barb	9 9:30am Zumba -Penny 4:30pm CrunchTime- Erin 5:30pm WTS& YOGA -Robin	10 9:30 am PowerPump-Jamie 10:30am Zumba- Kelly 5:30pm 20/20/20 Barb	11 9:30 am WERQ Hannah	12 9:30 am FITFORCE Scott
13	14 9:30am Zumba Penny 10:30am PowerPump Jamie 5:30pm Zumba Kayla	15 9:30am Zumba Kelly 5:30pm Muscle Madness Barb	16 9:30am Zumba -Penny 4:30 CrunchTime -Erin 5:30pm WTS& YOGA-Robin	17 9:30am PowerPump-Jamie 10:30am Zumba- Kelly 5:30p, 20/20/20 Barb	18 9:30 am WERQ Hannah	19 9:30 am FITFORCE Scott
20	21 9:30am Zumba Penny 10:30am PowerPump Jamie 5:30pm Zumba Kayla	22 9:30am Zumba Kelly 5:30pm Muscle Madness Barb	23 9:30am Zumba -Penny 4:30pm No Class 5:30 WTS&YOGA -Robin	24 9:30 am PowerPump -Jamie 10:30am Zumba - Kelly 5:30pm 20/20/20 Barb	25 9:30am Line Dancing Evelyn	26 9:30 am FITFORCE Scott
27	28 9:30am Zumba Penny 10:30am PowerPump Jamie 5:30pm Zumba Kayla	29 9:30am Zumba Kelly 5:30pm Muscles Madness Barb	30 9:30am Zumba -Penny 4:30pm CrunchTime Erin 5:30pm WTS&YOGA-Robin			