



The Ohio Gym

Group Exercise Schedule

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5 9:30amPowerPump Jamie 10:30ZumbaKelly 4:30pmERIN 5:30pm NO CLASS	6 9:30amWERQ w/Hannah	7 9:30amFITFORCE- Scott
8 *pay per class	9 9:30amZumba Penny 10:30amPower Pump-Jamie 5:30pm Zumba - Kayla	10 9:30amZumba- Kayla 5:30pmMuscleMad ness-Barb *6:30pmLineDance with Breanna	11 9:30amZumba- Penny *4:30pmTotalBody ERIN 5:30pmWTS & YOGA- Robin	12 9:30amPowerPump Jamie 10:30ZumbaKelly 5:30pm20/20/20 Barb	13 9:30am Zumba w/ Penny	14 9:30am Zumba-Kelly
15	16 9:30amZumbaPenn y 10:30amPower Pump-Jamie 5:30pm Zumba w/Kayla	17 9:30amZumba- Kayla 5:30pmMuscle Madness-Barb	18 9:30amZumba- Penny *4:30pmWtCardio ERIN 5:30pmWTS & YOGA- Robin	19 9:30amPowerPump Jamie 10:30ZumbaKelly *4:30pmWtCardio ERIN 5:30pmNO CLASS	20 9:30amWERQ w/Hannah	21 9:30amStep&Wts Robin
22	23 9:30amZumba Penny 10:30amPower Pump-Jamie 5:30pm Zumba w/Kayla	24 9:30amZumba- Kayla 5:30pm Muscle Madness-Barb	25 9:30amZumba- Penny 5:30pmWTS & YOGA- Robin	26 9:30amPowerPump Jamie 10:30ZumbaKelly *4:30pmPilates ERIN 5:30pm20/20/20 Barb	26 9:30amWERQ w/Hannah	28 9:30amFITFORCE- Scott *10:30amLineDane with Breanna
29	30 9:30amZumba Penny 10:30amPower Pump-Jamie 5:30pm Zumba w/Kayla					